WEYBRIDGE DEMENTIA
ACTION ALLIANCE

ALL OUR YESTERDAYS
ST JAMES CHURCH WEYBRIDGE

Can a service have a birthday? The reason I ask is that the ***ALL OUR YESTERDAYS*** service is in its fourth year and that is something to celebrate.

October 2015 was the beginning of an experiment to spark a remembrance of Sunday School and school assemblies to those living with dementia. It is well documented that music can stimulate parts of the brain when communication is difficult via the spoken word. I, and many others who regularly attend the ***ALL OUR YESTERDAYS*** services, will certainly testify that this is the case.

We have a regular band of attendees at these bi-monthly services and, after 30 minutes of favourite hymns and readings, we all sit down for tea and home made cakes. We are completely spoiled by the generosity of our cake makers and it is very rewarding to see so many people chatting and relaxing especially as we have a number of carers.

Occasionally we do have other churches attend the service as they want to do something similar for their own congregations. Although the service is aimed at those living with dementia, and their carers, everyone is welcome.

The last two services have been conducted by our new Curate, the Reverend Louise Bishop, so please do come and meet her.

The next service is on **Tuesday 19 November at 2.30pm** and we hope to see you at St James Parish Church in Weybridge.

We do have a marvellous band of volunteers, without whom these services would not take place, but you would always be welcome to join us.

Further details can be found at : **allaboutweybridge.co.uk/dementia**

Or contact : **Annabelle Yeomans 07786434847**